



Questionbank – Grade4

Environmental studies

Chapter - 7

Gift of knowledge from India

A: Fill in the blanks

1. ----- is celebrated as International yoga day.
2. Ayurveda medicines contain different-----and -----
3. A game of ----- was invented in India about 2000 years ago
4. The discovery of -----is one of the greatest discoveries in mathematics.
5. A game of ----- is played on a checkered board with pieces that are moved around.
6. In the word Ayurveda ayur means -----and veda means ----- or science.
7. Surgery is also known as -----
8. Kho Kho is an Indian game that developed from an older game called-----
9. The meaning of chaturanga is -----
- 10 ----- is the person who first used zero in his calculations.

B:Name the following.

11. How we found out that the people of Ancient India Knew a lot about many topics.

12. Write down the Sanskrit word of zero.

13. Name any two games that developed from old games played in India hundreds of years ago.

C: Answer the following questions.

14. What does the word Ayurveda mean?

15. Why is yoga better than physical training?

16. Why is surgery important?

17. Why are Ayurvedic medicines considered to be safe?

Answer key

1. 21st june

2. herb, spices

3. chaturanga

4. zero

5. chess

6. Life, knowledge

7. operation

8. rathera

9. four units

10. Aryabhatta

11. Through manuscript

12.shunya

13.chess, kho-kho

14.Ayurveda means the science or knowledge of life

15. Unlike physical training yoga teaches us how to improve the health of our body and mind, yoga trains how to breath correctly and how to exercise all the parts of our body well.

16. Surgery is important because doctors operating to treat injuries, to remove unhealthy growth inside the body, or to discover the cause of a disease.

17. Ayurvedic medicines are considered safe because Ayurveda uses plants to make medicines.